

Overall Finish List**Women****Randy Smith 4000 Meters**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
1	1	801	Alexis Zeis	U-Mary		13:13.3	
2	2	654	Meaghan Borrowski	Minnesota-Duluth		14:00.9	
3	3	797	Jaiden Schuette	U-Mary		14:02.0	
4	(< 5)	806	Molly Ruebke	Unattached		14:03.9	
5	4	799	Kaycie Stewart	U-Mary		14:06.0	
6	5	784	Rebekkah Bond	U-Mary		14:10.8	
7	6	787	Bree Erickson	U-Mary		14:12.2	
8	7	659	Melissa Drenckhahn	Minnesota-Duluth		14:13.3	
9	8	703	Marissa Carlson	MSU-Moorhead		14:19.8	
10	9	708	Kathryn Sistrunk	MSU-Moorhead		14:25.9	
11	10	800	Sydney Wendt	U-Mary		14:26.4	
12	11	669	Amber Seidenkranz	Minnesota-Duluth		14:29.1	
13	12	667	Rhiana Rinke	Minnesota-Duluth		14:36.0	
14	13	685	Jana Warrick-Jones	Minot State		14:40.4	
15	14	791	Emma Hafdahl	U-Mary		14:42.9	
16	15	668	Elizabeth Schlafke	Minnesota-Duluth		14:51.6	
17	16	666	Abigail Moore	Minnesota-Duluth		14:54.5	
18	17	656	Gabriella Brinkely	Minnesota-Duluth		14:56.6	
19	(> 7)	789	Amanda Forliti	U-Mary		15:03.1	
20	(> 7)	662	Sarah Harrison	Minnesota-Duluth		15:04.2	
21	(> 7)	788	Lacey Feist-Young	U-Mary		15:06.4	
22	18	729	Kara Andersen	Concordia-Moorhead		15:07.2	
23	(> 7)	670	Megan Stuart	Minnesota-Duluth		15:11.1	
24	(> 7)	653	Maria Berg	Minnesota-Duluth		15:17.9	
25	19	732	Brianna Gruenberg	Concordia-Moorhead		15:21.2	
26	20	709	Alicia Swenson	MSU-Moorhead		15:24.7	
27	21	632	Allyssa Weitkum	Valley City State		15:29.2	
28	22	686	Emily Westlake	Minot State		15:30.3	
29	(> 7)	795	Ashley Neumiller	U-Mary		15:30.9	
30	23	730	Sarah Curran	Concordia-Moorhead		15:31.1	
31	24	631	Grace Miller	Valley City State		15:32.7	
32	25	748	Maria West	Concordia-Moorhead		15:36.4	
33	(> 7)	665	Elizabeth Kyes	Minnesota-Duluth		15:38.4	
34	(> 7)	655	Isabella Brezinka	Minnesota-Duluth		15:44.4	
35	26	719	Amber Posner	Jamestown		15:45.1	
36	27	716	Allison Foster	Jamestown		15:46.0	
37	28	749	Sara Whiteman	Concordia-Moorhead		15:46.4	
38	29	735	Erica Hauf	Concordia-Moorhead		15:53.9	
39	(> 7)	658	Megan Cihasky	Minnesota-Duluth		15:55.9	
40	30	816	Ellen Peterson	Bemidji State		15:56.5	
41	(> 7)	785	Alyssa Bornhoft	U-Mary		15:59.9	
42	(> 7)	792	Hallie Hartnett	U-Mary		16:00.4	
43	(> 7)	660	Paige Du Bois	Minnesota-Duluth		16:03.6	
44	31	813	Sarone Paulzine	Bemidji State		16:05.4	
45	32	741	Tarja Nelsen	Concordia-Moorhead		16:11.5	
46	33	680	Michaela Larson	Minot State		16:12.7	
47	34	704	Emily Hultin	MSU-Moorhead		16:15.7	
48	35	810	Brittney Hillstrom	Bemidji State		16:20.1	

Overall Finish List**Women****Randy Smith 4000 Meters**

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Grade</u>	<u>Time</u>	<u>Pace</u>
49	36	812	Ashley Kinnard	Bemidji State		16:20.9	
50	(> 7)	663	Taylor Hebner	Minnesota-Duluth		16:21.5	
51	37	718	Cassidy Peterson	Jamestown		16:24.6	
52	38	681	Abigail McGee	Minot State		16:26.0	
53	39	679	Patience Alberston	Minot State		16:30.2	
54	40	706	Megan Kucera	MSU-Moorhead		16:31.1	
55	(> 7)	798	Michal Sequeira	U-Mary		16:33.7	
56	41	714	Lindi Chadwick	Jamestown		16:34.4	
57	42	715	Hannah Christenson	Jamestown		16:40.8	
58	43	683	Brinlie Nielsen	Minot State		16:44.1	
59	(> 7)	733	Olivia Hamilton	Concordia-Moorhead		16:46.1	
60	(> 7)	793	Maddie McIntyre	U-Mary		16:48.1	
61	44	646	Julianne Wilson	Valley City State		16:58.0	
62	45	682	Amanda Mohr	Minot State		16:58.7	
63	(> 7)	744	Samara Strootman	Concordia-Moorhead		16:59.3	
64	(> 7)	747	Elizabeth Vought	Concordia-Moorhead		17:00.6	
65	(> 7)	802	Elizabeth Woods	U-Mary		17:01.2	
66	46	720	Amber Robinson	Jamestown		17:01.7	
67	47	815	Kristen Petron	Bemidji State		17:07.0	
68	48	717	Alyson Freitag	Jamestown		17:08.5	
69	(> 7)	746	Colleen Vought	Concordia-Moorhead		17:15.0	
70	49	712	Whitney Welder	MSU-Moorhead		17:20.6	
71	50	713	Bethany Coghill	Valley City State		17:22.6	
72	51	809	Ashley Herdering	Bemidji State		17:23.5	
73	(> 7)	736	Kaley Hedberg	Concordia-Moorhead		17:24.8	
74	(> 7)	740	Joanna Lee	Concordia-Moorhead		17:35.0	
75	(> 7)	794	Andrea Mettler	U-Mary		17:37.2	
76	52	630	Peyton Halverson	Valley City State		17:45.7	
77	(> 7)	742	Jordan Oliphant	Concordia-Moorhead		17:46.5	
78	(> 7)	734	Emily Hao	Concordia-Moorhead		18:03.5	
79	(> 7)	745	Annika Thompson	Concordia-Moorhead		18:12.0	
80	(> 7)	743	Payton Ramberg	Concordia-Moorhead		18:32.0	
81	(> 7)	796	Isabella Schlitz	U-Mary		18:46.9	
82	(> 7)	738	Shelby Kline	Concordia-Moorhead		18:59.3	
83	53	807	Courtney Anderson	Bemidji State		19:36.0	
84	(> 7)	739	Rachel Koenig	Concordia-Moorhead		19:43.5	
85	(> 7)	731	Talia Dalzell	Concordia-Moorhead		20:02.7	
86	(> 7)	737	Emily Hignell	Concordia-Moorhead		21:03.9	
87	(> 7)	808	Carissa Decko	Bemidji State		21:12.3	

Final Team Results

Women

Randy Smith 4000 Meters

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - U-Mary			Finish Position - 1				
Team Score (places): 19			Average Time: 13:56.8				
1	801 Alexis Zeis		1	1	13:13.3	13:13.3	0:00.0
2	797 Jaiden Schuette		3	4	14:02.0	27:15.3	0:48.7
3	799 Kaycie Stewart		4	8	14:06.0	41:21.3	0:52.7
4	784 Rebekkah Bond		5	13	14:10.8	55:32.1	0:57.5
5	787 Bree Erickson		6	19	14:12.2	1:09:44.3	0:58.9
6	800 Sydney Wendt		(10)	(29)	14:26.4	1:24:10.7	1:13.1
7	791 Emma Hafdahl		(14)	(43)	14:42.9	1:38:53.6	1:29.6
8	789 Amanda Forliti		More Than 7		15:03.1	1:53:56.7	1:49.8
9	788 Lacey Feist-Young		More Than 7		15:06.4	2:09:03.1	1:53.1
10	795 Ashley Neumiller		More Than 7		15:30.9	2:24:34.0	2:17.6
11	785 Alyssa Bornhoft		More Than 7		15:59.9	2:40:33.9	2:46.6
12	792 Hallie Hartnett		More Than 7		16:00.4	2:56:34.3	2:47.1
13	798 Michal Sequeira		More Than 7		16:33.7	3:13:08.0	3:20.4
14	793 Maddie McIntyre		More Than 7		16:48.1	3:29:56.1	3:34.8
15	802 Elizabeth Woods		More Than 7		17:01.2	3:46:57.3	3:47.9
16	794 Andrea Mettler		More Than 7		17:37.2	4:04:34.5	4:23.9
17	796 Isabella Schlitz		More Than 7		18:46.9	4:23:21.4	5:33.6

Team - Minnesota-Duluth**Finish Position - 2**

Team Score (places): 47

Average Time: 14:26.1

1	654 Meaghan Borrowski		2	2	14:00.9	14:00.9	0:00.0
2	659 Melissa Drenckhahn		7	9	14:13.3	28:14.2	0:12.4
3	669 Amber Seidenkranz		11	20	14:29.1	42:43.3	0:28.2
4	667 Rhiana Rinke		12	32	14:36.0	57:19.3	0:35.1
5	668 Elizabeth Schlafke		15	47	14:51.6	1:12:10.9	0:50.7
6	666 Abigail Moore		(16)	(63)	14:54.5	1:27:05.4	0:53.6
7	656 Gabriella Brinkely		(17)	(80)	14:56.6	1:42:02.0	0:55.7
8	662 Sarah Harrison		More Than 7		15:04.2	1:57:06.2	1:03.3
9	670 Megan Stuart		More Than 7		15:11.1	2:12:17.3	1:10.2
10	653 Maria Berg		More Than 7		15:17.9	2:27:35.2	1:17.0
11	665 Elizabeth Kyes		More Than 7		15:38.4	2:43:13.6	1:37.5
12	655 Isabella Brezinka		More Than 7		15:44.4	2:58:58.0	1:43.5
13	658 Megan Cihasky		More Than 7		15:55.9	3:14:53.9	1:55.0
14	660 Paige Du Bois		More Than 7		16:03.6	3:30:57.5	2:02.7
15	663 Tayler Hebner		More Than 7		16:21.5	3:47:19.0	2:20.6

Team - MSU-Moorhead**Finish Position - 3**

Team Score (places): 111

Average Time: 15:23.4

1	703 Marissa Carlson		8	8	14:19.8	14:19.8	0:00.0
2	708 Kathryn Sistrunk		9	17	14:25.9	28:45.7	0:06.1
3	709 Alicia Swenson		20	37	15:24.7	44:10.4	1:04.9

Final Team Results

Women

Randy Smith 4000 Meters

September 08, 2017

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - MSU-Moorhead			Finish Position - 3				
Team Score (places): 111			Average Time: 15:23.4				
4	704 Emily Hultin		34	71	16:15.7	1:00:26.1	1:55.9
5	706 Megan Kucera		40	111	16:31.1	1:16:57.2	2:11.3
6	712 Whitney Welder		(49)	(160)	17:20.6	1:34:17.8	3:00.8
Team - Concordia-Moorhead			Finish Position - 4				
Team Score (places): 113			Average Time: 15:28.4				
1	729 Kara Andersen		18	18	15:07.2	15:07.2	0:00.0
2	732 Brianna Gruenberg		19	37	15:21.2	30:28.4	0:14.0
3	730 Sarah Curran		23	60	15:31.1	45:59.5	0:23.9
4	748 Maria West		25	85	15:36.4	1:01:35.9	0:29.2
5	749 Sara Whiteman		28	113	15:46.4	1:17:22.3	0:39.2
6	735 Erica Hauf		(29)	(142)	15:53.9	1:33:16.2	0:46.7
7	741 Tarja Nelsen		(32)	(174)	16:11.5	1:49:27.7	1:04.3
8	733 Olivia Hamilton		More Than 7		16:46.1	2:06:13.8	1:38.9
9	744 Samara Strootman		More Than 7		16:59.3	2:23:13.1	1:52.1
10	747 Elizabeth Vought		More Than 7		17:00.6	2:40:13.7	1:53.4
11	746 Colleen Vought		More Than 7		17:15.0	2:57:28.7	2:07.8
12	736 Kaley Hedberg		More Than 7		17:24.8	3:14:53.5	2:17.6
13	740 Joanna Lee		More Than 7		17:35.0	3:32:28.5	2:27.8
14	742 Jordan Oliphant		More Than 7		17:46.5	3:50:15.0	2:39.3
15	734 Emily Hao		More Than 7		18:03.5	4:08:18.5	2:56.3
16	745 Annika Thompson		More Than 7		18:12.0	4:26:30.5	3:04.8
17	743 Payton Ramberg		More Than 7		18:32.0	4:45:02.5	3:24.8
18	738 Shelby Kline		More Than 7		18:59.3	5:04:01.8	3:52.1
19	739 Rachel Koenig		More Than 7		19:43.5	5:23:45.3	4:36.3
20	731 Talia Dalzell		More Than 7		20:02.7	5:43:48.0	4:55.5
21	737 Emily Hignell		More Than 7		21:03.9	6:04:51.9	5:56.7
Team - Minot State			Finish Position - 5				
Team Score (places): 145			Average Time: 15:51.9				
1	685 Jana Warrick-Jones		13	13	14:40.4	14:40.4	0:00.0
2	686 Emily Westlake		22	35	15:30.3	30:10.7	0:49.9
3	680 Michaela Larson		33	68	16:12.7	46:23.4	1:32.3
4	681 Abigail McGee		38	106	16:26.0	1:02:49.4	1:45.6
5	679 Patience Alberston		39	145	16:30.2	1:19:19.6	1:49.8
6	683 Brinlie Nielsen		(43)	(188)	16:44.1	1:36:03.7	2:03.7
7	682 Amanda Mohr		(45)	(233)	16:58.7	1:53:02.4	2:18.3
Team - Jamestown			Finish Position - 6				
Team Score (places): 173			Average Time: 16:14.1				

Women

Randy Smith 4000 Meters

<u>Bib No</u>	<u>Name</u>	<u>Grade</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	<u>Time Back</u>
Team - Jamestown			Finish Position - 6				
Team Score (places): 173			Average Time: 16:14.1				
1	719 Amber Posner		26	26	15:45.1	15:45.1	0:00.0
2	716 Allison Foster		27	53	15:46.0	31:31.1	0:00.9
3	718 Cassidy Peterson		37	90	16:24.6	47:55.7	0:39.5
4	714 Lindi Chadwick		41	131	16:34.4	1:04:30.1	0:49.3
5	715 Hannah Christenson		42	173	16:40.8	1:21:10.9	0:55.7
6	720 Amber Robinson		(46)	(219)	17:01.7	1:38:12.6	1:16.6
7	717 Alyson Freitag		(48)	(267)	17:08.5	1:55:21.1	1:23.4

Team - Bemidji State			Finish Position - 7				
Team Score (places): 179			Average Time: 16:21.9				
1	816 Ellen Peterson		30	30	15:56.5	15:56.5	0:00.0
2	813 Sarone Paulzine		31	61	16:05.4	32:01.9	0:08.9
3	810 Brittny Hillstrom		35	96	16:20.1	48:22.0	0:23.6
4	812 Ashley Kinnard		36	132	16:20.9	1:04:42.9	0:24.4
5	815 Kristen Petron		47	179	17:07.0	1:21:49.9	1:10.5
6	809 Ashley Herdering		(51)	(230)	17:23.5	1:39:13.4	1:27.0
7	807 Courtney Anderson		(53)	(283)	19:36.0	1:58:49.4	3:39.5
8	808 Carissa Decko		More Than 7		21:12.3	2:20:01.7	5:15.8

Team - Valley City State			Finish Position - 8				
Team Score (places): 191			Average Time: 16:37.6				
1	632 Allyssa Weitkum		21	21	15:29.2	15:29.2	0:00.0
2	631 Grace Miller		24	45	15:32.7	31:01.9	0:03.5
3	646 Julianne Wilson		44	89	16:58.0	47:59.9	1:28.8
4	713 Bethany Coghill		50	139	17:22.6	1:05:22.5	1:53.4
5	630 Peyton Halverson		52	191	17:45.7	1:23:08.2	2:16.5

Team - Unattached			Finish Position - Inc.				
Team Score (places):Inc.			Average Time:				
1	806 Molly Ruebke		Less Than 5		14:03.9	14:03.9	0:00.0